

# Curriculum Vitae

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**Phone:** 99224936  
**Born:** 08.07.1965  
**Position:** Q&HSE Manger – IKM Promech AS  
**Language:** Norwegian, German and English

## Relevant work experience - Employee/Sole proprietorship

- 2025-d.d. Haakon Stensland - Sole proprietorship  
HSEQ Manager  
HSEQ assistance to customers
- 2019-2025 EB Marine AS - Q&HSE Manager  
Development and improvement of HSE and QA systems, HSEQ audits – internal, external, projects, system and process
- Management review, internal meetings and HSEQ training of personnel
  - Non-compliance-systems, monitoring of incidents and preventive/corrective actions, Investigation of accidents
  - Projects – prequalification and bids
  - Project related QHSE work – documentation and follow-up
  - Monitoring / auditing of suppliers, safety audits/inspections
  - Risk Management
  - Risk assessments of chemicals and substitution reviews, risk assessment of operations/machines
- 2007-2019 System og Sikkerhet AS - HSEQ Adviser & HSEQ Manager  
Operation Manager Jan-June 2019
- Development and improvement of HSE and QA systems, HSEQ audits – internal, external, projects, system and process
  - Management review, Hazid/ Hazop leader, conduction of courses and meetings
  - Non-compliance-systems, monitoring of incidents and preventive/corrective actions, Investigation of accidents
  - Projects – prequalification and bids
  - Project related QHSE work – documentation and follow-up
  - Monitoring / auditing of suppliers, safety audits/inspections
  - Risk Management
  - Risk assessments of chemicals and substitution reviews, risk assessment of operations/machines
  - Sales and extensive customer contact
- 1998-2007 Sulzer Pumps Norway, Stavanger  
QHSE Coordinator/Manager  
Development and implementation of HSE and QA systems in Stavanger and Drammen department
- 1997-1998 Hydro Handel (Kelly)  
Warehouse
- 1991-1997 Heat Ges. mbH, Austria  
Warehouse/Logistic Coordinator & QA Supervisor  
Warehouse & Logistic work/Assistance by implementation of QA for the workshop and warehouse
- 1990-1991 Youkoe & Piff, Austria,  
Manufacturing of synthetic material
- 1985-1990 Th. Thormodsen Jr. AS,  
Purchasing and Shop Worker

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## Performed audits

<b>2019 – 2025</b>	EB Marine, GRN, Roxel Promech and IKM Promech - About 15 audits
<b>2011 – 2019</b>	Achilles - Above 70 Third party audits
<b>2007 – 2019</b>	IKM Testing AS – Above 50 internal, process, project and supplier audits
<b>2008 – 2013</b>	Other IKM companies - 27 internal, process, project and supplier audits
<b>2008 – 2019</b>	Other customers – 10 internal, process, project and supplier audits

## Customer and Projects – On going

2025-d.d.	IKM Group head department and different companies - <b>Consultants private</b> HSEQ assistance Risk and Emergency preparedness, Audits Assistance to operation organisation
2025-d.d.	FØN Energy Services AS - <b>Consultants private</b> HSEQ assistance Adaptation of web-based HSEQ program Input Process Improvements and developing Assistance to operation and project organisation
2017-d.d.	GRN AS – <b>Consultants private</b> HSEQ Manager Implementation of HSEQ system according to ISO 9001, 14001 and 45001 Improvements and maintenance
2018-d.d.	IKM Promech AS – <b>Consultants private</b> HSEQ Manager Implementation of HSEQ system according to ISO 9001, 14001 and 45001 Improvements and maintenance

## Projects related to customers - Closed

2008-2022	Pumpeteknikk OH Edland AS – <b>Consultants private</b> HSEQ Consultants Implementation of HSEQ system according to ISO 9001 and Internkontrollforskriften Improvements and maintenance
2014-2019	IKM Cleandrill AS, Bergen HSEQ Manager Implementation of HSEQ system according to ISO 9001 and OHSAS 18001 - First certifying step and development Improvements and maintenance HSEQ responsible in some running projects – including issuing and approval of HSEQ Manuals, Program and Quality Plans (ITT),
2007-2019	IKM Testing AS, Sola HSEQ Co-ordinator Implementation of HSEQ system from paper version to electronic system – Input Process Responsible for internal and supplier audits Hazop leader/facilitator HSEQ responsible in some running projects including issuing and approval of HSEQ Manuals, Program and Quality Plans (ITT)
2010-2019	IKM Group AS, Sola HSEQ Co-ordinator Improvements and maintenance of the overall HSEQ system, process, procedures and checklists. Internal and supplier auditor for different IKM companies
2009-2019	Hymek AS, Egersund HSEQ Manager / HSEQ Consultants/ Coordinator Implementation of HSEQ system according to ISO 9001 by use of software – iQS Business System Improvements and maintenance HSEQ responsible in some running projects Issuing and approval of HSEQ Manuals, Program and Quality Plans (ITT)

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2013-2019	Aluhak Systems AS, Klepp HSEQ Manager / HSEQ Consultant Improvements project of HSEQ system according to ISO 9001 Improvements and maintenance of the of HSEQ system
2012-2014	Ocean Installer AS, Stavanger HSEQ Co-ordinator Implementation of HSEQ system according to ISO 9001, ISO 14001  and OHSAS 18001 by use of business software program Proarc Support by first certifying process, internal and external audits Implementation to US requirements for approval of BP US locations and general US customers
2011-2013	IKM Kran og Løfteteknikk AS, Tananger HSEQ Co-ordinator Improvements and maintenance of the of HSEQ system according to ISO 9001, ISO 14001 and OHSAS 18001
1998-2001	Sulzer Pumps Norway, Stavanger + Drammen HSEQ Co-ordinator/HSEQ Manager Implementation of ISO 9001 and HSE system - First certifying step and development
1993-1997	Heat Ges. mbH, Austria QA Co-worker Implementation of ISO 9001 in Workshop and Quality control First certifying step and development

## Projects – Project Manager – by customers - Closed

2012-2019	IKM Group AS, Sola Improvements of some projects of the different modules in the HSEQ software Input Process
2017-2018	IKM Testing AS, Sola Quality risk assessment of all process in the company, including necessary updating of processes to new internal IKM requirements and requirements in the ISO 9001.
2014	IKM Testing AS, Sola Risk assessment of the process for procurement, use and maintenance of hoses.
2013 – 2014	IKM Group AS, Sola Improvements project of the Risk analysis methods including new process, updating of procedure and HIRA form, guidelines and risk matrix. Quality check against the standards ISO 31000, ISO 31010, ISO 17776 and DNV-RP-F116
2013 – 2014	IKM Group AS, Sola Improvements project of HSE Manual including updating of processes, procedures and checklists
2009	IKM Testing AS, Sola Quality check of the HAZOP/HAZID routines against the standard for HAZOP – NEK IEC 61882:2001

## Education

2019	University of Stavanger Lean Management
2004	University of Stavanger Health, Safety and Environmental Management
1981-1984	St. Svithun vgs, Stavanger - College

## Relevant Courses

2019:	Lean Management UIS
2018:	Introduction to ISO 45001
2017:	New ISO 14001:2015
2015:	New ISO 9001:2015
2014:	Lean LM1 – Lean Philosophie, methods and mapping
2014:	International Certified Risk Manager - QMCe
2013:	International Certified Quality System Manager - QMCe

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2012: “Brannvernleder”  
2012: Investigation techniques – RESQ  
MTO methods, human behaviour/mistakes, non-conformity/barrier analysis etc.  
2011: ECO-online; Chemicals assessment, legislation requirements etc.  
2010: Presentasjonsteknikk - “Meeting/presentation leader/technique”  
2010: International Quality Lead Auditor - QMCe  
2009: HAZOP Course  
2002: Regelverbskurs - RVK Basic course  
2002: Safety delegate training

## Experience with standards

### Management, Risk and IT standards

ISO 9001:2015, 9001:2008 & 9001:2000  
ISO 9000:2015, 9000:2006  
ISO 9002  
ISO 9004:2009, 9004:2000  
ISO 19011:2018, 19011:2011, 19011:2002  
ISO 10005:2005  
ISO 10002:2004  
ISO /TR 10013:2001  
ISO 45001:2018 – (replaced) OHSAS 18001:2007  
ISO 14001:2015, 14001:2004  
ISO 17020:2012  
ISO 27001:2013  
NEK IEC 61882:2016, 61882:2001 Hazard and operability studies  
DNV-RP-F116:2009  
ISO 17776  
ISO 31000:2018, 31000:2009/ ISO 31010:2019, 31010:2009

### Production and other standards

10204:2004 Materials certification  
ISO 3834-1:2005 and 3834-2:2005  
NORSOK S-WA-006:2018, NORSOK S006  
NS 5814:2008/ NS 5815:2006  
NS 8405, 8406 8407, 8409, 8415 og 8416  
NBU Bransje standard, rev. 2019

## Computer skills

Synergi – web-based software system for HSEQ non-conformances  
ProArc – Documentation system  
Microsoft: Word, Excel, PowerPoint, Outlook, Visio, Access, Teams, SharePoint  
Eco online (web-based chemicals)  
Input Process - web based software system for HSEQ  
Visma – Purchasing and invoicing  
iQubes (web-based ERP System and HSEQ)  
Landax . IK sentral - web based software system for HSEQ  
PowerOfficeGo - Finance and Accounting incl. hours registration

## Other - Certificates

Driving license class B, D1  
Forklift T1, T2 og T4  
Båtførerprøven